

The G-DAY Newsletter

Volume 4 Issue 1 September 2010

Letter From THE PRESIDENT

Dear Friends,

Hello and welcome back to a fresh new school year at Groton-Dunstable Schools! Whether you're a parent of a preschooler or a student entering their senior year, GDAY is proud to provide resources for parents and youth in Groton and Dunstable. From Safe Homes Pledge, 1/2 Day Network, to the GD Outdoor Network, members of GDAY are always open to hearing ideas from you on how we can add new initiatives for students in our district. Look for information about new lectures sponsored by GDAY throughout this school year. We encourage any parents or guardians who are intrigued by what GDAY provides to contact us at bdolan@g-day.org with questions, comments, and we always welcome new members! Membership provides a great opportunity to meet other members of the Groton and Dunstable community.

Betsy Dolan

WHO WE ARE

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Current Events:

- Visit our Booth during Back to School Nights
- Family Hike at Surrenden Farm: Sun. Sept. 19, 2PM.
- All meetings open to the public. Dates posted on line- www.G-DAY.org



Stay Connected with



G-DAY on
FACEBOOK

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Tip of the Month—Back to School

- Pack Lunches and lay clothes out the night before
- Review the school handbook and know school dress codes
- Buy socks that are all the same to make matching a breeze!
- Have a special hamper in the laundry room for rush items, like sport uniforms
- Set out bowls and spoons the night before for cereal
- Make Egg sandwiches ahead and freeze them for those mornings no one can wake up on time!
- Make a special box for important papers that need to be returned to school



GD OUTDOOR Family Network



GD Outdoor Family Network was conceived to serve as an information-sharing resource for families who seek opportunities to achieve quality family time through fun, outdoor activities in the many open spaces located in and around Groton and Dunstable

Join us for a family hike at Surrenden Farm.

Sunday, Sept. 19 at 2PM

For more details and directions contact jlodra@g-day.org or join

<http://groups.google.com/group/gd-outdoor-family-network>

TAKE THE SAFE HOMES PLEDGE— for the safety of our community and families

Safe Homes is an effort to establish a voluntary network of parents who are concerned about alcohol and drug use at pre-teen and teen parties and gatherings.

Groton Dunstable Alliance for Youth, Groton Police Department, and the Groton Dunstable Middle and High School endorse this program.

Go to www.G-DAY.org to download the SAFE HOMES Pledge.

Pledge to support our teens by ensuring that teen gatherings in your home are supervised and alcohol and drug-free.

“Kids don't care how much you know until they know how much you care.”

Ways to Connect with Youth of all Ages

- Find ways to connect with your own kids-- and the kids around them. Get to know the names of your kids' friends.
- When you see kids, make eye-contact with them and smile. Be friendly! Say hi.
- Eighty percent of 15-year-olds say that adults who "get them" are adults who listen to them. Take the time to listen to tweens and teens. They have a lot to say!
- Get involved in youth activities that you're passionate about (such as soccer or playing an instrument). Youth people need passionate adults who can get to know them and talk about subjects that matter to them.

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