



The G-DAY Newsletter

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Upcoming Book Discussion:

“The 7 HABITS of Highly Effective TEENS”, by Sean Covey

Book Discussion will be coming up in February. Get a book early and start reading! Books are available at Amazon.com (~\$10) or buy used at Abebook.com (~\$4 w/shipping) or check your local library.

The 7 Habits can help you:

- *Get Control of your life*
- *Improve your relationships with your friends*
- *Make smarter decisions*
- *Get along with your parents*
- *Overcome addiction*
- *Define your values and what matters most to you*
- *Get more done in less time*
- *Increase your self-confidence*
- *Be happy*
- *Find balance between school, work, friends and everything else*

This book is part of CALM, Career and Life Management, curriculum for 9th grade GD students. As a parent, reading this book will prepare you to work with your teen on implementing these strategies. Better yet, read this book for you! This is based on the 7 Habit of Highly Effective People, by Steven Covey, but presented in an appealing, fun, and easy to read style.

SAFEHOMES DIRECTORY

Don't forget to review the 2011-2012 Safehomes Pledge. The pledge came home to Middle School Parent through Friday folders in late September. You can also go to our website and download a copy.

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