

Groton Dunstable Alliance for Youth March Unmadness 2011

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<p>GDAY PO Box 328 Groton, MA 01450 Parent-to-Parent Network www.G-DAY.org Visit our website for a downloadable copy</p>		<p>1 Have a Picnic on your living room floor.</p> 	<p>2 Ice Cream Sundae Night: Enjoy ice cream and toppings with the family.</p> 	<p>3 Family Acts of Kindness: Do something nice for a neighbor. Invite an elderly neighbor over for tea</p>	<p>4 Act I: Have your family act out a children's book. (parents too!)</p>	<p>5 Family PJ night: Put on your pajamas and play board games at home.</p>
<p>6 Take a walk with your Family: Take your family for a walk on the rail trail. Did you spot any wildlife?</p>	<p>7 Family Heroes & Heroes day: Make hero sandwiches for dinner and discuss everyone's favorite hero or heroine.</p>	<p>8 Families helping Families: Donate food to Loaves & Fishes to help another family.</p>	<p>9 Family Safety Day: Practice fire escape routes, check fire extinguishers and smoke detectors.</p>	<p>10 Candlelight Dinner: Set the dining room table and use the china!</p>	<p>11 Backwards Night:</p>  <p>Have breakfast for dinner.</p>	<p>12 Log onto GPL.org Order Passes to area museums and attractions.</p>
<p>13 Family Dinner Night Prepare dinner together</p>  <p>or let the kids be the chefs!</p>	<p>14 Family Giving Night Count your change and give it to your favorite charity.</p>	<p>15 Plan a Family Vacation Night</p> 	<p>16 Plan a Family Service Project</p>  <p>½ Day School</p>	<p>17 Heritage Night: Spend time talking about your heritage and sharing family stories</p> <p style="text-align: center;">St. Patrick's Day</p>	<p>18 Family Drama: Create your own Variety Show at home!</p> <p style="text-align: center;">GDEA Variety Show 7pm @ PAC</p>	<p>19 Family Game Night: Play games with your family.</p>
<p>20 Disconnect to Reconnect: Turn off the Electronics and TV for the night and enjoy each others company</p>	<p>21 Show your school spirit: Wear your school colors or mascot.</p>	<p>22 Check out the public library with your family</p> 	<p>23 Family Tell-All: Share embarrassing moments in your lives and laugh a lot.</p>	<p>24 Family Stargazing Night: Go outside and enjoy the stars with your family.</p>	<p>25 Family Garden Night: Grab some seeds and start an indoor garden together, or plan your summer garden.</p>	<p>26 Family Movie Night: Grab some popcorn and watch a video</p> 
<p>27 Family Music Swap Night:</p>  <p>Listen to each family member's favorite song</p>	<p>28 Family Cookie Night: Bake your favorites and bring extras to a neighbor.</p> 	<p>29 Family Internet Night: Explore the internet for fun family sites & talk about Internet Safety.</p> 	<p>30 Have a family reading night: Borrow a book from the library and read it aloud.</p> <p style="text-align: center;">Parent Academy: For the Love of Books 7pm @ HS Black Box</p>	<p>31 Family Card Writing: Send a card to someone special and tell them why they are special to you!</p> 	<p>Find other parents to discuss the parenting issues you care about. Find ways to support each other. <i>Tip of the Day from</i> www.ParentFurther.com</p>	<p style="text-align: center;">The Groton Dunstable Alliance for Youth</p>  <p style="text-align: center;">GDAY A community that cares</p>